EUROPEAN CHAMPIONSHIPS
ARTISTIC GYMNASTICS
ZAGREB 2026
PRESENTED BY DOBRO

Supervisor Still Ring
Ahmed Adly ABDALLA

European Gymnastics

GRID ELEMENTS Qualifying Competition		424 I°	215 II°	165 III°	119 IV°	Tot. 923
Kip to support	2	0,2%				
Slow inlocate from hang	4	0,4%				
Dislocate / Inlocate	6	0,7%				
Back uprise	15	1,6%				
Swing through the handstand fwd	2	0,2%				
Swing through the handstand bwd	39	4,2%	45,9%			
Swing to handstand fwd	103	11,2%				
Swing to handstand bwd	103	11,2%				
Honma	1	0,1%				
Yamawaky	67	7,3%				
Jonasson	80	8,7%				
	2	0,2%				
	0	0,0%				
L-sit	38		4,1%			
Hanging scale	2		0,2%			
Support scale straddle	0		0,0%			
v-sit	0		0,0%			
Support scale	2		0,2%			
Swallow	21		2,3%			
Press to hndst. Bent arms	10		1,1%			
Press to handstand	51		5,5%			
Press hnstd str body str arms	2		0,2%			
Cross	19		2,1%			
Azarian	17		1,8%			
Nakayama	23		2,5%	23,3%		
From swallow to supp.scale	2		0,2%			
From cross to swallow	0		0,0%			
From cross to invert.cross	0		0,0%			
Sl.roll to supp.scale	4		0,4%			
Sl.roll to swallow	6		0,7%			
Balandin to supp.scale	3		0,3%			
Balandin to swalow	7		0,8%			
Balandin to invert.cross	1		0,1%			
Inverted cross	1		0,1%			
Zanetti	1		0,1%			
From support scale, down and up	2		0,2%			
	2		0,2%			
	1		0,1%			
Kip L-sit	44			4,8%		
Honma to L-sit	10			1,1%		
Uprise fwd to L-sit	5			0,5%		
Honma to cross	12			1,3%		
Uprise bwd to cross	11			1,2%		
Kip to cross	1			0,1%		
Uprise bwd to swallow	23			2,5%	17,9%	
Back kip to swallow	12			1,3%		
Uprise bwd scale straddle	9			1,0%		
Uprise bwd support scale	34			3,7%		
Felge uprise invert cross	0			0,0%		
Uprise bwd to invert cross	4			0,4%		
	0			0,0%		
	0			0,0%		
Double bwd tucked	0				0,0%	
Double bwd tucked 1/1 t.	13				1,4%	
Double bwd tucked 2/2 t.	73				7,9%	
Double bwd streched	0				0,0%	
Double bwd stretched 1 t.	11				1,2%	12,9%
Double bwd stretched 2 t.	1				0,1%	
Double fwd pike	8				0,9%	
Triple bwd	12				1,3%	
	1				0,1%	
	0				0,0%	

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GRID ELEMENTS Team Final		88 I°	38 II°	36 III°	24 IV°	Tot. 186
Kip to support	0	0,0%				
Slow inlocate from hang	0	0,0%				
Dislocate / Inlocate	0	0,0%				
Back uprise	0	0,0%				
Swing through the handstand f	0	0,0%				
Swing through the handstand b	10	5,4%	47,3%			
Swing to handstand fwd	23	12,4%				
Swing to handstand bwd	22	11,8%				
Honma	0	0,0%				
Yamawaky	12	6,5%				
Jonasson	21	11,3%				
	0	0,0%				
	0	0,0%				
L-sit	1		0,5%			
Hanging scale	0		0,0%			
Support scale straddle	0		0,0%			
v-sit	0		0,0%			
Support scale	0		0,0%			
Swallow	8		4,3%			
Press to hndst. Bent arms	0		0,0%			
Press to handstand	6		3,2%			
Press hnstd str body str arms	2		1,1%			
Cross	0		0,0%			
Azarian	6		3,2%			
Nakayama	7		3,8%	20,4%		
From swallow to supp.scale	1		0,5%			
From cross to swallow	0		0,0%			
From cross to invert.cross	0		0,0%			
Sl.roll to supp.scale	1		0,5%			
Sl.roll to swallow	2		1,1%			
Balandin to supp.scale	0		0,0%			
Balandin to swalow	2		1,1%			
Balandin to invert.cross	1		0,5%			
Inverted cross	0		0,0%			
Zanetti	1		0,5%			
From support scale, down and	0		0,0%			
	0		0,0%			
	0		0,0%			
Kip L-sit	8			4,3%		
Honma to L-sit	2			1,1%		
Uprise fwd to L-sit	0			0,0%		
Honma to cross	1			0,5%		
Uprise bwd to cross	2			1,1%		
Kip to cross	0			0,0%		
Uprise bwd to swallow	6			3,2%	19,4%	
Back kip to swallow	4			2,2%		
Uprise bwd scale straddle	1			0,5%		
Uprise bwd support scale	10			5,4%		
Felge uprise invert cross	0			0,0%		
Uprise bwd to invert cross	2			1,1%		
	0			0,0%		
	0			0,0%		
Double bwd tucked	0				0,0%	
Double bwd tucked 1/1 t.	0				0,0%	
Double bwd tucked 2/2 t.	18				9,7%	
Double bwd streched	0				0,0%	
Double bwd stretched 1 t.	3				1,6%	12,9%
Double bwd stretched 2 t.	0				0,0%	
Double fwd pike	0				0,0%	
Triple bwd	3				1,6%	
	0				0,0%	
	0				0,0%	

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GRID ELEMENTS Apparatus Final		16 I°	22 II°	17 III°	8 IV°	Tot. 63
Kip to support	0	0,0%				
Slow inlocate from hang	0	0,0%				
Dislocate / Inlocate	0	0,0%				
Back uprise	0	0,0%				
Swing through the handstand f	0	0,0%				
Swing through the handstand b	0	0,0%	25,4%			
Swing to handstand fwd	8	12,7%				
Swing to handstand bwd	5	7,9%				
Honma	0	0,0%				
Yamawaky	0	0,0%				
Jonasson	3	4,8%				
	0	0,0%				
	0	0,0%				
L-sit	0		0,0%			
Hanging scale	0		0,0%			
Support scale straddle	0		0,0%			
v-sit	0		0,0%			
Support scale	0		0,0%			
Swallow	0		0,0%			
Press to hndst. Bent arms	0		0,0%			
Press to handstand	0		0,0%			
Press hnstd str body str arms	0		0,0%			
Cross	0		0,0%			
Azarian	0		0,0%			
Nakayama	7		11,1%	34,9%		
From swallow to supp.scale	0		0,0%			
From cross to swallow	0		0,0%			
From cross to invert.cross	0		0,0%			
Sl.roll to supp.scale	2		3,2%			
Sl.roll to swallow	1		1,6%			
Balandin to supp.scale	3		4,8%			
Balandin to swalow	5		7,9%			
Balandin to invert.cross	1		1,6%			
Inverted cross	1		1,6%			
Zanetti	1		1,6%			
From support scale, down and	1		1,6%			
	0		0,0%			
	0		0,0%			
Kip L-sit	0			0,0%		
Honma to L-sit	0			0,0%		
Uprise fwd to L-sit	0			0,0%		
Honma to cross	0			0,0%		
Uprise bwd to cross	0			0,0%		
Kip to cross	0			0,0%		
Uprise bwd to swallow	6			9,5%	27,0%	
Back kip to swallow	2			3,2%		
Uprise bwd scale straddle	0			0,0%		
Uprise bwd support scale	6			9,5%		
Felge uprise invert cross	0			0,0%		
Uprise bwd to invert cross	3			4,8%		
	0			0,0%		
	0			0,0%		
Double bwd tucked	0				0,0%	
Double bwd tucked 1/1 t.	1				1,6%	
Double bwd tucked 2/2 t.	1				1,6%	
Double bwd streched	0				0,0%	
Double bwd stretched 1 t.	4				6,3%	12,7%
Double bwd stretched 2 t.	1				1,6%	
Double fwd pike	0				0,0%	
Triple bwd	1				1,6%	
	0				0,0%	
	0				0,0%	